



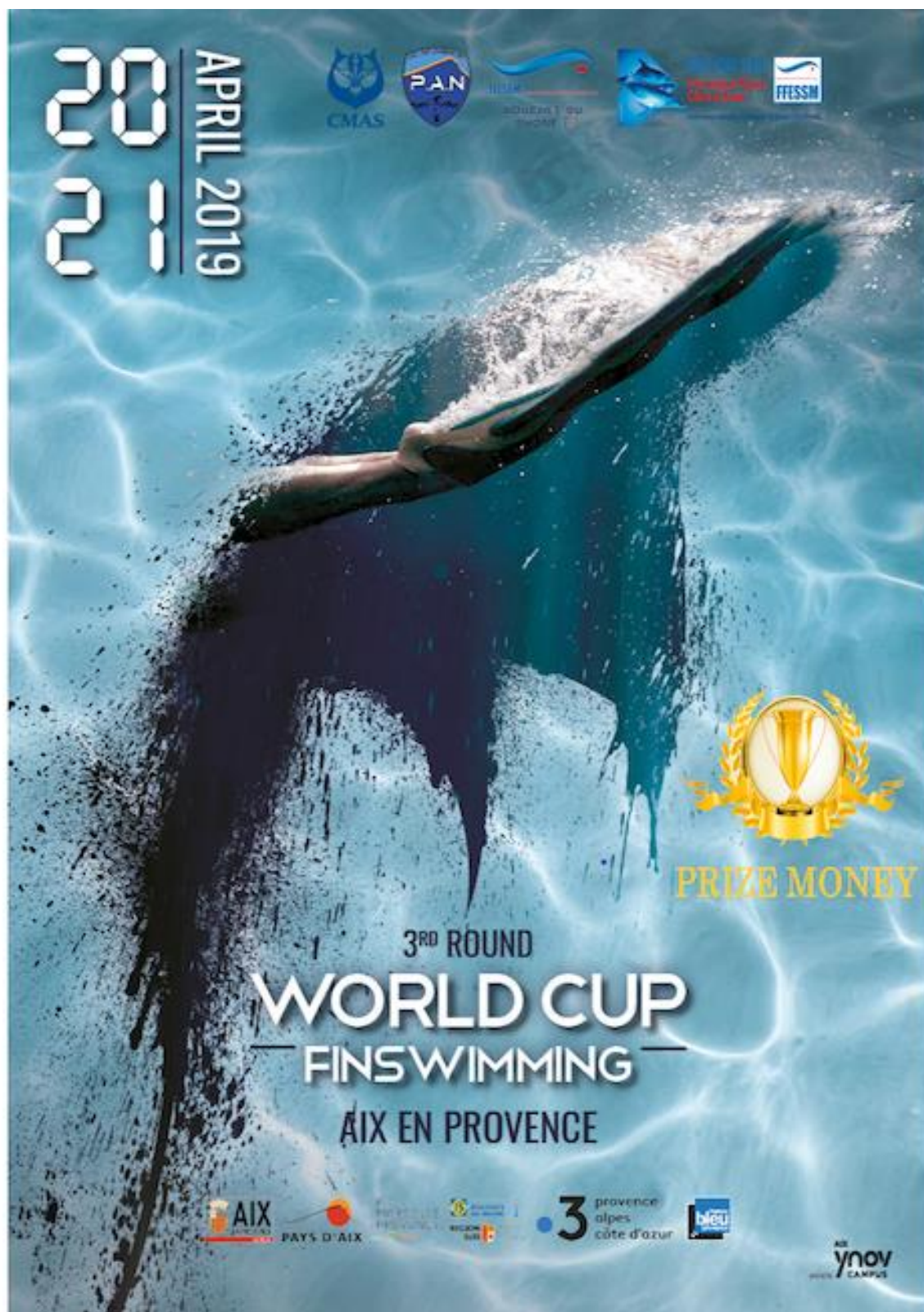
XIV. Finswimming World Cup 2019



April 20th – 21st 2019
Aix en Provence - FRANCE



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019





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1. Denomination

The French Federation FFESSM – authorized by CMAS– invite all interested Federations and Clubs to participate on the XIV CMAS Finswimming World Cup 2019 organized from April 20th to 21st 2019 in Aix-en-Provence, France.

2. Registration process

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Rules, and by the present Specific Rules that every athlete, - with his/her enrolment - affirms to know and agrees to strictly follow.

CMAS regulations should be seen at the following link. <http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Please note the following instructions for registration because for world cup, all data are stored in the CMAS sport database. The link is <http://sport.cmasoffice.org>. Please, for first using, read tutorial on main page.

1. Registration

All registration of athletes for events must be submitted **only through electronic way**. Application forms can be used only for accommodation and general organisation.

For registration, the website is <http://sport.cmasoffice.org> **from February 12th to April 14th**.

Registration is only possible for world cup program. Eventual additional program is managed only by organising committee. **If clubs or federations use their own selected accommodations the CMAS will inform World Cup Organizer after electronical athlete registration**

During registration, the system matches automatically with the CMAS licenses database if it exists and if valid.

Recall of the procedures and obligations point 5.2.2. Request for licenses will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus, all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

2. Fees of registration

It exists two types of fees, **CMAS fees** paid only online at the end of process of registration and **organizing fees** paid directly to organising committee according to the instructions communicated by organising committee in the present rules (enclosed).



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



a. CMAS Fees

For each round or Golden Final, each competitor must pay to participate CMAS fees fixed annually by CMAS:

- CMAS sport license holder (for memory, the price of licence 10 €. Order only through your national Federation as usually).
 - 10 € for participation fees by each round
- - Not CMAS sport licence holder
 - 15 € for temporary licence for world cup at the first inscription in the year and
 - 10 € for participation fees by each round

Please, note that the names of relays members must be entered during registration process on base of individual registration even they swim only relay and even according the rules, the composition of relays can be changed on place before the beginning of competition.

These fees will be paid only at the end of the registration process online only by credit card.

Before to finalize registration, you must to be sure that your bank accept that you can pay online with your card.

b. Organisation Fees

The procedures of all expenditures regarding the competition (accommodation fee, inscription fees etc.) are paid directly to organising committee according to the instructions communicated below:

Inscription fees are:

- 20 € for each club;
- 14 € for each relay;
- 7 € for each individual distance;
- 15 € per event inscription fee for the Manolis Cup

- Fees paid for not performed races will not be reimbursed.

- Late enrolments are not accepted because registration is managed by CMAS system during registration planning.

- Payment should be made by direct bank transfer.



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



RELEVÉ D'IDENTITÉ BANCAIRE

Identifiant national de compte bancaire - RIB

Banque	Guichet	N° compte	Clé	Devise
10096	18070	00042605901	05	EUR

CIC AIX JEANNE D'ARC

Identifiant international de compte bancaire

IBAN (International Bank Account Number)
FR76 1009 6180 7000 0426 0590 105

BIC (Bank Identifier Code)
CMCIFRPP

Domiciliation

CIC AIX JEANNE D'ARC
4 PLACE JEANNE D'ARC
13100 AIX EN PROVENCE
Tél : 08-20-30-06-57

Titulaire du compte (Account Owner)

PAYS D'AIX NATATION
PISCINE YVES BLANC
26 AV DES ECOLES MILITAIRES
13100 AIX EN PROVENCE

Remettez ce relevé à tout organisme ayant besoin de connaître vos références bancaires pour la domiciliation de vos virements ou de prélèvements à votre compte. Vous éviterez ainsi des erreurs ou des retards d'exécution.

PARTIE RESERVEE AU DESTINATAIRE DU RELEVÉ



3. Participation rules and races

1. Races and categories are as follows:

SENIOR (Cat. "A") M/W

50 m ap., 100 m im.,
50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf.,

Relay: 4 x 100 m sf.

50 m bf., 100 m bf., 200 m bf.,

JUNIOR (Cat. "B, C, D") B/G

50 m ap., (competitors of Cat. "D" cannot enter) 100 m im.,
50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf.,

Relay: 4 x 100 m sf.

50 m bf., 100 m bf., 200 m bf.,

2. MANOLIS Cup program (cat A, B) M/W Open category

400 m bf

400 m im

4 x 100 sf mix relay 2M/2W

3. Participation rules:

For all technical matters, please refer to the valid world cup Finswimming rules.

<http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>



XIV. Finswimming World Cup 2019
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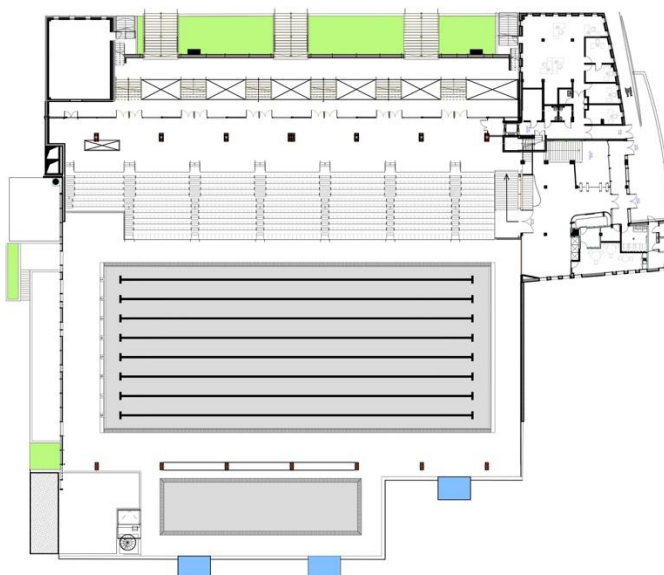


4. Competition place

The competition will take place at:

Yves Blanc Swimming Pool
26 avenue des Écoles Militaires,
13100 Aix en Provence.

Pool dimension: 50m x 21m
Number of lanes: 8 lanes
Water depth : from 2.00 m to 2.50 m
Water temperature : is 26°C (+ 1°C).



AIX EN PROVENCE :

Situated on highway A7 and route N7, 35 km from Marseille, 15 km from Aix TGV railway station and 30 km from Marseille-Marignane International Airport .

Protected by the Montagne Ste Victoire which rises to 1,011m. Aix with ancient fountains and shaded narrow streets is surrounded by a countryside full of authentic Provencal houses and traditional French style gardens.

Aix was the capitol of Provence in the 15th century. Wealthy merchants and local dignitaries helped turn this city into the *Florence of Provence* as we know it today.

Aix was the inspiration to many of the greatest writers and painters : Guigou, Stendhal, Mistral, Zola, and Cézanne.



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



5. Timekeeping system

The timekeeper will conduct time recording through electronic time and recording system.

6. Checking equipment and bottle refills

The general control of the equipment (fins, snorkels) and bottles will take place at the swimming pool on Friday, 19th April 2019 from 14:00 to 19:00.

The judges are authorized to control swimmers' equipment at any time during the competitions.

All cylinders used must have passed a hydrostatic test less than 2 year before the competition, or even less if it is required by the local legislation.

➤ *Any equipment that does not comply with EN250 will not be allowed (Only medium pressure pipes (MP) to French standards mechanically crimped at the ends will be allowed - PROHIBITION of the clamp type "Serflex" or other similar device.*





XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



7. Classifications

Classifications will be based on times registered by the timekeepers, results will be complied according to CMAS score and CMAS World Cup classification.

There will be classification for Individuals, Clubs, National Teams and Countries.

- Individual: There will be, for every distance, four different individual classifications for men, women, Juniors Boys and girls. Swimmers registered by Clubs or Nationals Teams are in this classification.
- Club: The general classification will be made by the total amount of the individual point (men and women, junior and senior only registered by clubs). Four separate Club Classification will be made also for seniors' men, seniors' women, juniors' boys and juniors' girls.
- National Teams: The general classification will be made by the total amount of the individual point (men and women, junior and senior). Four separate National Teams Classification will be made also for seniors' men, seniors' women, juniors' boys and juniors' girls.
- Countries Ranking:
 - The Countries Ranking will be made in accordance with points 1.9 and 1.11 by the total amount of the individual points (seniors' men, seniors' women, juniors' boys and juniors' girls) of National Teams.
 - If National Federation does not enrol its National team, the best two results by club in accordance with points 1.9 and 1.11 at each distance, at each category (seniors' men, seniors' women, juniors' boys and juniors' girls) will go to Countries ranking.



XIV. Finswimming World Cup 2019
3rd Round
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8. Prizes

Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.

Teams prizes: trophies for first three clubs and trophies for first three National Teams.

Prizes money: A prize of 500 € will be awarded only to the winners of the 200bi and 400sf races (M/W).

The price will be doubled (1000€) if a new world record is broken on these races.

The price will be paid by bank transfer only.

Awarding ceremonies will take place during the competition, so the involved athletes must be at organizing staff's disposal at the right time.

During ceremonies awarded athletes must wear official uniforms of their teams.

9. Antidoping

- WADA – World Antidoping Code
- CMAS – Antidoping Rules
- Athletes accept these rules as a condition of participation.

10. Responsibility

The Organizing federation, the organizing committee, CMAS, the Competition Director, Competition Officers and the Chief Judge aren't responsible for accidents or damage caused to people and personal effects before, during or after the competition.

11. Additional Note

The schedule of the program can be modified according to the needs of the organizer's judgment.

Participating teams will get all information about the changes in time.

Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts.

Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



12. Visa

If you need Visa to enter in France, please indicate it on **Enclosure 1 preliminary entry** to receive an invitation **not later than March 20th 2019**.

13. Enrolment

1. **Preliminary entry** - application form is provided as attachment with these specific rules and must be filled (**Enclosure 1 preliminary entry**)
2. For registration of events, the website is <http://sport.cmasoffice.org>. This is the only way to enter to participate to the World Cup. **(From February 12th to April 14th). Any registration won't be accepted after closed date whatever the reason.**

Recall of the procedures and obligations point 5.2.2. Request for licenses will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus, all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

If the system doesn't find a valid CMAS license, the system assigns a temporary license number (cost directly added to the events registration invoice and payable at the end of the registration process). This temporary license (insurance including) is valid for all World Cup rounds of the year, include Golden Finale.

By registration it's only said for world cup program. Eventual additional program is managed only by organising committee with separate registration.

14. Accommodation and transportation

The rates negotiated with the partner hotels will be applicable by mentioning the code “competition Finswimming” only.

The number of the pre-booked rooms will be guaranteed up to March 20th.

After this date, the price will be maintained until April 19th but subject to availability



XIV. Finswimming World Cup 2019
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LISTING HOTELS

	Address	Price	Number of rooms	Lunch	pictures
★★★ 	Campanile Pont de l'Arc 1 rue Jean Andréani 13090 Aix en Provence +33 4 42 26 35 24 aix.pontdelarc@campanile.fr Distance hotel –pool : 5.9 km	B&B / day Single 60€ Twin 71€	119 rooms 40 pre-booked	yes	
★★★ ★ 	Novotel Pont de l'Arc Avenue de l'Arc de Meyran 13100 Aix en Provence +33 4 42 16 09 09 H0393-FO1@accor.com Distance hotel –pool : 3.4 km	B&B / day Single 85€ Twin 92€ Triple 102€	80 rooms 50 pre-booked	yes	
★★★ 	Campanile Aix en Provence Est – Meyreuil P.A Technologiques de la Sainte Victoire 13590 MEYREUIL +33 4 42 58 69 69 aix.meyreuil@campanile.fr Distance hotel –pool : 9.4 km	B&B / day Single 60€ Twin 71€	46 rooms	yes	
★★★ 	Ibis Aix Avenue des infirmeries 13100 Aix en Provence +33 4 42 27 98 20 Distance hotel –pool : 3.1 km	B&B / day Single 79€ Twin 85€ Triple 95€	124 rooms 30 pre-booked	yes	



XIV. Finswimming World Cup 2019
3rd Round
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	Novotel Aix Beaumanoir Rue Marcel Arnaud 13100 Aix en Provence +33 4 42 91 15 15 H0393-FO1@accor.com Distance hotel –pool : 2.9 km	B&B / day Single 85€ Twin 92€ Triple 102€	102 rooms 50 pre-booked	yes	
	Bastide du Roy René Résidence de tourisme 31 avenue des Infirmeries 13100 Aix en Provence +33 4 42 37 83 00 f.calonder@aixbastide.com Distance hotel –pool : 3.1 km	B&B / day Studio /2 p. 85€ Studio /4 p. 115€ T2 /4 p. 117€	Pre-booked : 10 studios / 2 pers 15 studios /4 pers 3 T2 / 4 pers	no	
	Adonis Aix-en-Provence CD10 route de Berre 13510 Eguilles +33 4 42 16 06 10 info@adonis-aix.com Distance hotel –pool : 12 km	B&B / day Single 65€ Twin 70€	90 rooms	yes	

Organizers offer accommodation options within the deadline of Monday April 1st.

(Enclosure 2 Booking Form)



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



Transportation

- Transfer is organized from Marseille (MRS) Airport / Railways Aix TGV station / to Aix en Provence Hotel and return.
- Round-trip transfers are available from the airport and TGV station to the hotels on Friday and Monday.
- Partner hotels / swimming pool shuttles are provided during the 2 days of the competition (1 round trip morning / 1 round trip afternoon)

The package price for transport arranged by the organizers is fixed at 80 Euro/person.

Transfer can be insured only if the pre-entry deadline of 1st April 2019 is observed.

The pick-up schedules will be defined by the organizer.

Lunch : All menus are prepared with fresh, local and seasonal ingredients and home made



Lunch and transfert package payment should be made by direct bank transfer.

CIC					
RELEVÉ D'IDENTITÉ BANCAIRE					
Identifiant national de compte bancaire - RIB					
Banque	Guichet	N° compte	Clé	Devise	
10096	18070	00042605901	05	EUR	
Identifiant international de compte bancaire					
IBAN (International Bank Account Number)					
FR76	1009	6180	7000	0426	0590 105
Domiciliation			Titulaire du compte (Account Owner)		
CIC AIX JEANNE D'ARC			PAYS D'AIX NATATION		
4 PLACE JEANNE D'ARC			PISCINE YVES BLANC		
13100 AIX EN PROVENCE			26 AV DES ECOLES MILITAIRES		
Tél : 08-20-30-06-57			13100 AIX EN PROVENCE		
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15. Deadlines



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



Preliminary Entry

Enclosure 1: preliminary entry

No later than **Wednesday mars 20th** and sent to email address: aix2019@pays-aix-natation.com

Registration entries

For registration of events, go to the website is <http://sport.cmasoffice.org>

Dates of operation: **From February 12th to April 14th**. Payment only by credit card (except AMEX).

Validation will be registered, and athletes include into start lists only after online payment. For races registration, only this way will be accepted.

To pay Entries fees for organisers, please, follow instruction of Organizing Committee

Lunch and Transportation

Enclosure 2: Booking Form

No later than **Monday April 1st** and sent to email address: aix2019@pays-aix-natation.com



XIV. Finswimming World Cup 2019
3rd Round
April 20th -21st 2019



16. Schedule

Friday, April 19th

14 :00	19:00	Arriving of teams, checking of documents, etc..
14:00	19:00	Check of equipment
16:00	20:00	Training
19:00	19:30	Team Leader meeting

Saturday, April 20th

7h30	8h45	Warm Up	
9h00			Opening Ceremony
		50 AP	Men/Women
		50 AP	Boys/Girls
		800 SF	Men/Women
		800 SF	Boys/Girls
		400m BF	Men/Women
		400m IM	Men/Women
			Award ceremony
15h00	15h45	Warm Up	
16h00		50 BF	Men/Women
		50 BF	Boys/Girls
		200 SF	Men/Women
			Award ceremony
		200 SF	Boys/Girls
		100 IM	Men/Women
		100 IM	Boys/Girls
		4 x 100mSF mix	Men/Women
			Award ceremony

Sunday April 21st

08h00	8h45	Warm Up	
9h00		100 SF	Men/Women
		100 SF	Boys/Girls
		100 BF	Men/Women
			Award ceremony
		100 BF	Boys/Girls
		400 SF	Men/Women
		400 SF	Boys/Girls
			Award ceremony
14h00	14h45		
15h00		50 SF	Men/Women
		50 SF	Boys/Girls
		200 BF	Men/Women
		200 BF	Boys/Girls
			Award ceremony
		4 x 100 SF	Men/Women
		4 x 100 SF	Boys/Girls
			Award ceremony
Departure of the teams (possibility)			

Monday April 22nd

Departure of the teams (possibility)

Note: The competition program and schedule are subject to change according to CMAS.

Organizers also reserve the right of any change to the scheduled program.